

Honey Lime Fruit Salad

Ingredients:

- 2 cups strawberries, washed, hulled and quartered
- 1 cup fresh raspberries
- 1 cup grapes, stems removed, washed, sliced in half
- 1 apple, chopped
- 3 kiwi, peeled, sliced, quartered
- 1 blood orange, sliced, sectioned
- 1/3 cup crystallized ginger, diced
- 4 tablespoons lime juice
- 1 teaspoon lime zest
- 2 tablespoons honey
- 1 banana, peeled and sliced, optional
- fresh mint leaves, thinly sliced into ribbons



Directions:

In a large bowl combine combine all fruits and ginger. In a small bowl whisk together lime juice, zest and honey. Drizzle over fruit. Serve.

